



## Celebrate *Family Day* – September 26, 2016

<p><b>CHARITY WORKS</b> Make a list of all of the volunteer opportunities in your community. Try to do one this week.</p> 	<p><b>FAMILY CAPSULE</b> Take a few of your family's favorite items and create a time capsule. Put it someplace safe and check back in a year.</p> 	<p><b>PLANT SOMETHING</b> Pick a vegetable your family loves to eat and plant it in your garden or in a pot. Take turns watering it and making sure it has enough sunlight.</p> 	<p><b>KITCHEN ANTICS</b> Teach your kids an old family recipe or start a brand new-tradition by creating your own family recipe together.</p> 	<p><b>PICTURE PERFECT</b> Draw family self-portraits. Preserve the results by displaying the family masterpieces gallery-style on your wall at home.</p> 
<p><b>CAMP UNDER THE STARS</b> Pitch a tent in your backyard. Don't forget to brush up on ghost stories to keep the kids entertained.</p> 	<p><b>FAMILY BOOK CLUB</b> Choose stories that appeal to all family members. Take turns reading aloud so you can experience the story unfolding together.</p> 	<p><b>MAKE UP A SONG</b> Create lyrics for your own family song and have fun singing it on road trips or while doing chores.</p> 	<p><b>FAMILY "PLAY" TIME</b> Gather some old socks, decorate them, and then use them to put on a sock puppet show.</p> 	<p><b>LET'S MAKE A DEAL</b> Have a game show night. Set up a stage and give each family member a part as the host, contestant, etc. Use trivia or word games as part of the game show.</p> 
<p><b>DUCK, DUCK, GOOSE</b> Play a game of Duck, duck, goose. Make sure everyone gets a chance to be the "goose"!</p> 	<p><b>LAUGH OUT LOUD</b> Write a comedy skit and perform it together in front of friends, neighbors, or even your pets!</p> 	<p><b>BRANCH OUT</b> Create your own family tree. Call up Grandma and Grandpa to help you learn more about your family's history.</p> 	<p><b>SAIL AWAY</b> Make paper sailboats and have a sail boat race! You can use your pool, a nearby pond, or even your bathtub!</p> 	<p><b>MAKE A COLLAGE</b> Use pictures from magazines and newspapers to create a collage that describes what your family is all about.</p> 
<p><b>TV TIME</b> While watching your favorite family TV program, have everyone pick a character they'd like to be. They can't break character until the show is over!</p> 	<p><b>GUESS WHO</b> Take turns describing someone in your neighborhood using only three words or clues. See who in your family gets the most right. Let them choose dinner that night!</p> 	<p><b>TO INFINITY AND BEYOND</b> Build a spaceship out of pillows or other household items and go on a pretend space mission together.</p> 	<p><b>MAKING MASTERPIECES</b> Use clay or Play-Doh to make silly sculptures of your family members.</p> 	<p><b>SECRET HANDSHAKE</b> Create a family secret handshake! Use it every time you greet each other.</p> 

### 4 Easy Steps to the Family Fun Challenge

**Step One:** Choose a bowl: A top hat, a fishbowl, a bowl you painted together (anything eye-catching and fun!)

**Step Two:** Cut along the perforated lines into 25 separate tasks.

**Step Three:** Toss it all up! Then select a member of your family to randomly choose a square.

**Step Four:** Now perform whatever is on the square. (Don't forget to put the square back. You might enjoy it so much you'll want to do it again!)