Celebrate *Family Day – Be Involved. Stay Involved.* September 26, 2016

**Daily Family Activity Planner**

**Monday**

**Morning**


**Noon**


**Evening**


Want to wind down after work or school? Grab those baseball mitts and take the family outside for a quick toss!

Tonight make extra time to help your children with their homework.
Tuesday

Morning

Before work or school, try to decide what family movie you’ll watch together later tonight!

Noon

Evening

Try to save time by having the kids help prepare dinner! How about making something quick and easy like tacos?
Use this morning to try to decide how you’ll split up the remaining chores. Whoever completes their chores first wins a prize!

After soccer practice or dance class, share a dessert together.

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Thursday

Morning

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______________________________________________

Noon

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Evening

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Be active! Take a walk or jog together as a family.

Bring the family together for a game night! Winner gets to pick the next family activity!

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Morning

Don’t forget to give your kids a hug before they walk out of the door to go to school today!

Noon

Evening

Try something new! Celebrate the end of a busy week by doing a fun family activity you’ve never tried before!

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Saturday

Morning

Organize a neighborhood softball or football game. If you’re staying indoors, try charades or a puzzle!

Noon

Since everyone’s got some free time today, it might be fun to take lunch outdoors and have a picnic or a barbecue!

Evening
Is everyone free today? Enjoy a big Sunday brunch!

Gather the family around to look at photos. Talk about your favorite memories and share new ones!

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